

NONDISCRIMINATION NOTICE

Discrimination is against the law. *Monterey County Behavioral Health* follows State and Federal civil rights laws. *Monterey County Behavioral Health* does not unlawfully discriminate, exclude people, or treat them differently because of sex, race, color, religion, ancestry, national origin, ethnic group identification, age, mental disability, physical disability, medical condition, genetic information, marital status, gender, gender identity, or sexual orientation.

Monterey County Behavioral Health provides:

- Free aids and services to people with disabilities to help them communicate better, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, braille, audio or accessible electronic formats)
- Free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact *Monterey County Behavioral Health* between 8 am to 5 pm PST by calling 1-888-258-6029. Or, if you cannot hear or speak well, please call 1-831-796-1799. Upon request, this document can be made available to you in braille, large print, audio, or accessible electronic formats.

HOW TO FILE A GRIEVANCE

If you believe that *Monterey County Behavioral Health* has failed to provide these services or unlawfully discriminated in another way on the basis of sex, race, color, religion, ancestry, national origin, ethnic group identification, age, mental disability, physical disability, medical condition, genetic information, marital status, gender, gender identity, or sexual orientation, you can file a grievance with *Monterey County Health Department Civil Rights Coordinator*. You can file a grievance by phone, in writing, in person, or electronically:

- **By phone:** Contact *Monterey County Health Department Civil Rights Coordinator* between 8am to 5 pm PST by calling 844-287-8041 Or, if you cannot hear or speak well, please call 1-831-796-1788.
- **In writing:** Fill out a complaint form or write a letter and send it to:
Monterey County Behavioral Health
1611 Bunker Hill Way, Suite 120
Salinas, CA 93906
- **In person:** Visit your doctor's office or *Monterey County Behavioral Health* and say you want to file a grievance.
- **Electronically:** Visit *Monterey County Behavioral Health* website at www.mtyhd.org/qi

OFFICE OF CIVIL RIGHTS – CALIFORNIA DEPARTMENT OF HEALTH CARE SERVICES

You can also file a civil rights complaint with the California Department of Health Care Services, Office of Civil Rights by phone, in writing, or electronically:

- **By phone:** Call **916-440-7370**. If you cannot speak or hear well, please call **711 (California State Relay)**.
- **In writing:** Fill out a complaint form or send a letter to:
Department of Health Care Services
Office of Civil Rights
P.O. Box 997413, MS 0009
Sacramento, CA 95899-7413

Complaint forms are available at:
<https://www.dhcs.ca.gov/discrimination-grievance-procedures>
- **Electronically:** Send an email to CivilRights@dhcs.ca.gov.

OFFICE OF CIVIL RIGHTS – U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

If you believe you have been discriminated against on the basis of race, color, national origin, age, disability or sex, you can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights by phone, in writing, or electronically:

- **By phone:** Call **1-800-368-1019**. If you cannot speak or hear well, please call **TTY/TDD 1-800-537-7697**.
- **In writing:** Fill out a complaint form or send a letter to:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
- Complaint forms are available at
<http://www.hhs.gov/ocr/office/file/index.html>.
- **Electronically:** Visit the Office for Civil Rights Complaint Portal at
<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>