

MAN POISONED BY MERCURY IN FACE CREAM

HARMFUL CREAMS LINKED TO EMERGENCY HOSPITALIZATION

A Santa Clara County man was hospitalized after using two skin-lightening products from L.E. Creams: Crema Aclarante de Día (shown in the white container, right) and Crema Aclarante de Noche (shown in the black container, right). Testing confirmed that both products contain mercury — a dangerous chemical that can seriously harm your health.

The man developed speech and memory problems, tremors, hallucinations, weight loss and extreme fatigue due to mercury poisoning. These creams were made in Mexico but purchased from a seller in California via WhatsApp.



MERCURY: WHAT YOU NEED TO KNOW

SIGNS OF MERCURY POISONING

- Common symptoms include headaches, pain, insomnia, mood swings, numbness or tingling and depression. Symptoms may not appear immediately.

WHO IS MOST AT RISK?

- While mercury can affect anyone, pregnant women, developing babies and young children are most at risk.

MERCURY IN SKIN CREAMS

HIDDEN RISKS IN SKIN PRODUCTS

- CDPH has found mercury in imported and homemade skin-lightening products.

WHERE THESE PRODUCTS ARE SOLD

- They are often sold in import shops and on platforms like Facebook, WhatsApp, Instagram and TikTok, where oversight is limited.

HOW TO GET HELP AND MORE INFORMATION

If you or someone you know are using these creams, stop now and contact the Mercury Line: **(510) 334-8567** OR email AskEHIB@cdph.ca.gov.

Visit CDPH's Mercury and Skin Creams page to learn more.

